

# LifeGroup Curriculum Guide



## Beta Period

### NOOMA

*NOOMA*, named after the Greek word for spirit, presents a fresh and innovative approach to communicate biblical truth. Like Jesus' parables, each 10- to 14-minute NOOMA film (DVD) uses common daily experiences to explore topics like forgiveness, discipleship, and unconditional love.



<http://www.nooma.com/>

1-2 copies of each one in the set are available for check out just outside Jenny Rogers' office.

### Crosspointe Message-Based Discussion Guide

Unique to Crosspointe. Discussion Guides for each Sunday message is written and posted by Steve Daugherty on the Life Group Leader blog. General questions that can be used for any message are also available.

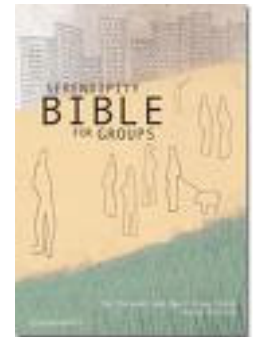


<http://crosspointelifegroups.blogspot.com/>

## Bible

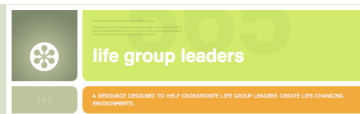
### Serendipity Bible

Over 30,000 discussion questions that cover every passage of Scripture. Along with lessons on every page of Bible text, 60 small-group courses are provided, as well as 16 topical courses and 200 Bible stories with boxed questionnaires.



<http://christian1stopshopping.com/NIV/5911.htm>

Group Leaders should have their own copy; if not, email Jenny Rogers. Several copies are also in the library.



### Six Week Crash Course

This 6-part study will prove helpful for Life Groups that just don't feel like they have a general grasp of the scriptures. It serves as either an intro or a refresher to the big themes of the Bible: Adam & Eve, Abraham & Sarah, Moses, David, Jesus and Us. It's a good resource itself, and good for spinning off more study and reflection well beyond

the 6 weeks. This Document can be printed out, and includes participant study guides as well.

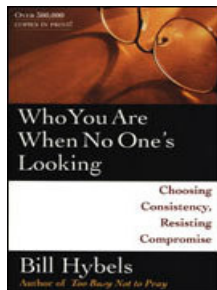
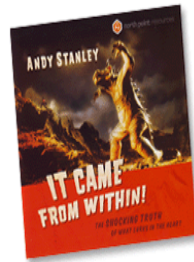
<http://www.crosspointe.org/files/crashcourse.doc>

(Downloadable with study guide)

## Character

### It Came from Within, Andy Stanley

Where did that come from? You know that horrible, sinking feeling you have when something comes out of your mouth that you didn't expect - that is just so unlike you. Did you know those words are a reflection of a bigger problem lurking beneath the surface? "For out of the overflow of the heart the mouth speaks," states Matthew 12:33. The scary truth is that the words you "accidentally" speak and the actions you later regret are actually in keeping with what's hiding in your heart. This DVD is enhanced with curriculum study sessions that can be used for small groups or individual study. (5 sessions) <http://resources.northpoint.org/store/shop.do?clD=44&pID=957>



### Who You are When No One's Looking, Bill Hybels

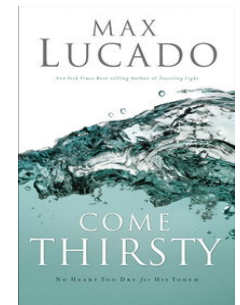
We are all at our best when it counts. But what are we like when no one's looking?

That's where character comes in --- being consistent even when it doesn't seem to matter. Courage. Discipline. Vision. Endurance. Love. These character qualities are quickly becoming endangered. All too often we hear of marriages falling apart, governments lying, businesses cheating, and scandals rocking the church. But with God's guidance and strength, we can maintain character that lasts despite temptations and troubles.

[http://www.willowcreek.com/wca\\_prod.asp?invtid=PR05713](http://www.willowcreek.com/wca_prod.asp?invtid=PR05713)

### Come Thirsty, Max Lucado

Max Lucado, pastor and bestselling author extends hope to those whose souls are "dehydrated" from neglect, fear and guilt. Lucado teaches that salvation is God's work, not ours, and that we should "drink deeply from his well of grace." He encourages readers to look to God for spiritual energy, to rest in his authority or "lordship" and to wholeheartedly accept his never-ending love. He encourages readers to look to God for spiritual energy, to rest in his authority or "lordship" and to wholeheartedly accept his never-ending love.



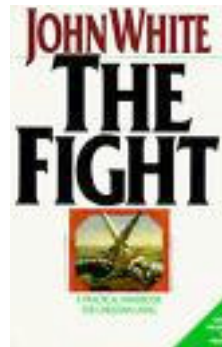
<http://www.maxlucado.net/shopping6.00/shopexd.asp?id=25551>

(DVD, 1-Leader's Guide, 10 Participant's Guides and a hardcopy of the book in the library)

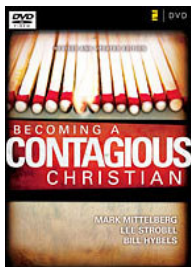
## The Fight, John White

"As you enter the Christian life, you may have periods of darkness or of doubt. You may encounter painful struggle and discouragement. But there will also be moments of exultation and glory. And most important of all, you will become free." There is joy and triumph in the Christian life. But the victory can come through struggle. John White knows this balance and gives us the encouragement to persevere. Here is John White's classic guide to the basic areas of Christian living we wrestle with throughout our lives: faith, prayer, temptation, evangelism, guidance, Bible study, fellowship and work. White offers new Christians sound first steps and older Christians refreshing insights into the struggles and joys of freedom in Christ.

<http://www.ivpress.com/cgi-ivpress/book.pl/code=777>



## Evangelism



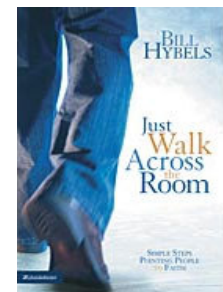
### Becoming a Contagious Christian

*Becoming a Contagious Christian* is a proven course designed to equip believers for effective evangelism in today's world. It avoids stereotyped approaches that feel intimidating to many Christians. Instead, it shows ordinary believers how they can share the gospel in a natural and powerful way while being the person God made them to be. Each session's exercises, discussions, self-assessments, and video vignettes give step-by-step guidance to help participants become effective communicators for Christ to those around them. Sessions include: Demonstrate a contagious Christian character; Build spiritually strategic relationships; Direct conversations toward matters of faith; Communicate their faith in a style that's personal and natural; Explain biblical truths in a style that's personal and natural; Explain biblical truths in everyday language; Respond to the most common objections to Christianity.

[http://www.willowcreek.com/wca\\_prod.asp?invtid=PR29529](http://www.willowcreek.com/wca_prod.asp?invtid=PR29529)

## Walk Across the Room

Empower your members to be salt and light in today's complex culture. Ignite this shared and powerful outreach vision in your small groups and Bible studies with the four-week *Just Walk* DVD. Led by Bill Hybels, the DVD includes icebreakers, true stories, and time-tested illustrations to jump-start spirited discussions. Sessions include: • The Single Greatest Gift • Living in 3D: Developing friendship -



Discover stories - Discern next steps • The Power of Story • Grander-Vision Living

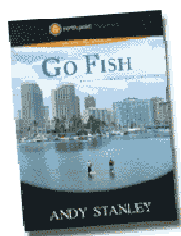
[http://www.willowcreek.com/wca\\_prod.asp?invtid=PR28711](http://www.willowcreek.com/wca_prod.asp?invtid=PR28711)

## Sharing Your Life Mission

A 6-week small group study on the purpose of evangelism; equipping you to extend love to seekers around you and talk about your experience with God in ways that people will understand. Sessions include: God's Heart for People, Looking beneath the Surface, Building Bridges through Relationships, Making the Most of Opportunities, Explaining the Gospel, The Parting Words of Jesus

<http://shopping.lifetogether.com/ProductInfo.aspx?productid=BOOK-DLT-05A>

(DVD and one study guide in the library)



## Go Fish, Andy Stanley

Fishing stories. We've all heard them. "It was this big." "You should have seen the one that got away." People love to tell stories of their fishing adventures. When it comes to faith, however, most people clam up. Why is it we can't talk about what God has done in our lives as naturally as we can spin fishing tales? Includes 6 sessions, entitled: We Were All Fish Once, Why Fish?, Fish Guts, Fishing Buddies, Muddy Water, and The One That Got Away. Each

session includes fifteen to twenty minutes of teaching followed by several discussion questions.

<http://resources.northpoint.org/store/shop.do?plD=779>

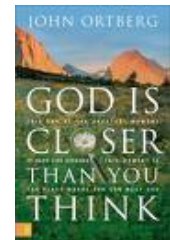
## Faith/Trust

### God is Closer than You Think, John Ortberg

Every moment of your life is like a page in a "Where's Waldo? Book. God is there...the scriptures tell us on every page. But the ease with which he may be found varies from one page to the next. In this, curriculum, John Ortberg serves as a guide for experiencing the presence of God in everyday life.

[http://www.willowcreek.com/wca\\_prod.asp?invtid=PR26205#](http://www.willowcreek.com/wca_prod.asp?invtid=PR26205#)

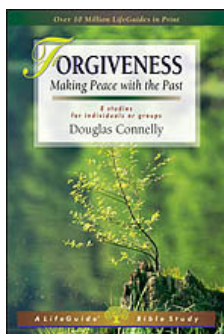
(DVD, Leader's & Participant's Guide, & Book in the library)



### The Beautiful Fight, Gary Thomas

Gary Thomas issues a passionate manifesto of faith fully alive. The Beautiful Fight calls us beyond mere sin-avoidance to a robust holiness that radiates Christ through every aspect of our being. To see with Christ's eyes, feel with Christ's heart, and serve with Christ's hands—this is what Christianity is truly about.

<http://www.garythomas.com/html/bookstore/beautifulfight.html>



## Forgiveness

### Forgiveness, Making Peace with the Past; LifeGuide Bible Studies

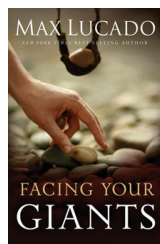
Forgiveness is a door. It's the way to peace and joy. But it's a small door, and it can't be entered without stooping--or kneeling. And sometimes it is very hard to find. When we hurt the people we love, how do we go about restoring the relationship? When we suffer the pain of betrayal or injury or rejection from someone else, how do we deal with the anger and resentment we feel? In eight studies, Douglas Connelly leads the way to help you discover, understand and practice what the Bible says about forgiveness. This LifeGuide Bible Study features questions for starting group discussions and for meeting God in personal reflection, together with leader's notes and a "Now or Later" section in each study.

<http://www.ivpress.com/cgi-ivpress/book.pl/code=3094>

## Grief

### Facing Your Giants, Max Lucado

Do your inner "Goliaths" seem to be growing bigger and bigger? Exploring the life of



David, Lucado's companion study guide to *Facing Your Giants* shows you how to overcome your spiritual behemoths--by looking past your problem and toward your solution. Learn to conquer divorce, grief, addiction, and other tragedies in godly victory! Ideal for personal or group study.

[http://www.willowcreek.com/wca\\_prod.asp?invtid=PR26205#](http://www.willowcreek.com/wca_prod.asp?invtid=PR26205#)

## Jesus



### Jesus 101 Series, Willow Creek

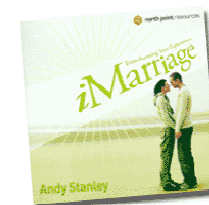
These 8 study guides expand on eight different ways we encounter Christ in the Gospels: Authentic Leader, Compassionate Healer, Extreme Forgiver, Provocative Teacher, Relentless Lover, Sacred Friend, Supreme Conqueror, Truthful Revealer. Each study guide stands alone and provides all you need to lead 6 small group meetings.

[http://www.willowcreek.com/wca\\_prod.asp?invtid=PR28220#](http://www.willowcreek.com/wca_prod.asp?invtid=PR28220#)

## Marriage

### iMarriage, Andy Stanley

Imagine what would happen if you and your spouse focused on fulfilling one another's dreams rather than piling on expectations. Possible? Absolutely! In this six-part study,

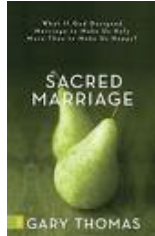


Andy Stanley reveals the secret of removing the big "I" from marriage.

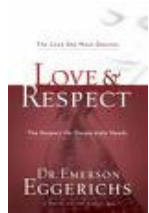
<http://resources.northpoint.org/store/shop.do?cID=44&pID=657> (DVD available in library)

### Sacred Marriage, Gary Thomas

*What If God Designed Marriage To Make Us Holy More Than To Make Us Happy*



<http://www.garythomas.com/html/bookstore/sacredmarriedvd.html> Study Guide for the book is downloadable on the website.



### Love & Respect

Crack the communication code between you and your spouse---and reap the benefits of marriage as God intended! Eggerichs cites extensive biblical and psychological research to clarify that harmony in relationships is achieved by building on *both* parts of the Ephesians 5:33 equation. Includes a DVD with over 60 minutes of marriage-building resources.  
[http://www.christianbook.com/Christian/Books/product?itemno=89624&netp\\_id=521221&event=ESRCN&item\\_code=WW&view=details](http://www.christianbook.com/Christian/Books/product?itemno=89624&netp_id=521221&event=ESRCN&item_code=WW&view=details)

## Money/finances



### Financial Peace University

Financial Peace University is a life-changing program that teaches you how to make the right decisions with your money. You'll be empowered with the practical skills and confidence needed to achieve your financial goals and experience true financial peace!

<http://www.daveramsey.com/fpu/home/>

## Parenting

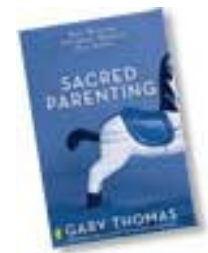


### Essentials of Discipline

*Essentials of Discipline* tackles the subject of discipline in a way that only Dr. James Dobson can. Based on his time-tested best sellers, you know the content has substance, but this video seminar also includes animation and man-on-the-street interviews. Sessions include: Why Your Child Needs Discipline, Irresponsibility vs. Defiance, Anger vs. Action, Finding Balance in Discipline, To Spank or Not to Spank, Compliant vs. Defiant, Changing Discipline as Your Child Grows, Part I & Part II, Protecting the Spirit, The Strong Willed Adolescent, Part I and Part II, The Ultimate Priority  
<http://resources.family.org/product/f00347v.do>  
(Curriculum set in the library)

### Sacred Parenting

Sacred Parenting is unlike any parenting book you have ever read. This is not a "how to" book that teaches you how to discipline your kids or help them achieve



their full potential. Rather than discuss how parents can change their kids, Sacred Parenting turns the tables and discusses how God uses our kids to change us, the parents! Gary Thomas will make you laugh and make you cry as he demonstrates how family life

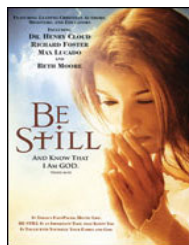
### **Sacred Parenting**, continued

tries us as perhaps nothing else does, while also pointing out that this is all part of God's plan to perfect us. Once we realize that we are sinners, and that the children God has given us are sinners, and that together, as a family, we are to grow toward God, family life takes on an entirely new purpose and context. It becomes a sacred enterprise when we finally understand that God can baptize dirty diapers, toddlers' tantrums, and teenagers' silence in order to transform us into people who more closely resemble Jesus Christ.  
<http://www.garythomas.com/html/bookstore/sacredparenting.html>

## **Prayer**

### **Be Still, Willow Creek**

*Be Still* is an extraordinary DVD that demonstrates how contemplative, or "listening", prayer can be a vital way to experience God's guidance and peace in the midst of frenzied, fast-paced lives. Originally released in 2006 by Fox Faith,



the DVD features interviews with some of today's most highly respected Christian leaders, including Max Lucado, Beth Moore, Richard Foster, Dallas Willard, Priscilla Shirer, Henry Cloud, and more.

<http://www.willowcreek.com/product.asp?invtid=PR30639>



### **Permission to Speak Freely, Andy Stanley**

Two thousand years ago, Jesus pulled His disciples aside and taught them to pray. In examining His instructions, we find a disconnect between His teaching and the way we typically approach prayer. We discover that there are some things about prayer we think are important but aren't, and there are some things we don't think are important that are. (3 sessions)

<http://resources.northpoint.org/store/shop.do?cID=44&pID=768>

### **Prayer: Finding the Heart's True Home, Richard Foster**

Best-selling author Richard Foster offers a warm, compelling, and sensitive primer on prayer, helping you to understand, experience, and practice it in its many forms. He clarifies the prayer process, answers common misconceptions, and shows the way into prayers of contemplation, healing, blessing, forgiveness, and rest.





Coming to prayer is like coming home, Foster says. "Nothing feels more right, more like what we are created to be and to do. Yet at the same time we are confronted with great mysteries. Who hasn't struggled with the puzzle of unanswered prayer? Who hasn't wondered how a finite person can commune with the infinite Creator of the

### **Prayer: Finding the Heart's True Home, continued**

universe? ... We do our best, of course, to answer these knotty questions but when all is said and done, there is a

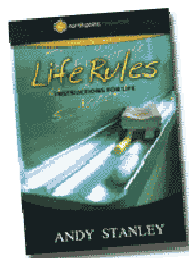
sense in which these mysteries remain unanswered and unanswerable ... At such times we must learn to become comfortable with the mystery."

Foster shows how prayer can move you inward into personal transformation, upward toward intimacy with God, and outward to minister to others. He leads you beyond questions to a deeper understanding and practice of prayer, bringing you closer to God, to yourself, and to your community.

## **Relationships**

### **Life Rules, Andy Stanley**

When we were kids, half the fun was breaking the rules without getting caught. In life though, there's nothing fun about broken promises, broken relationships, or a broken heart. In this six-part series, Andy Stanley explains that God has given us a



set of life rules that can improve our current relationships and help restore a damaged or broken one. (Six sessions)

<http://resources.northpoint.org/store/shop.do?cID=44&pID=618>

(One DVD and 13 study guides in the library)



### **Relationships, Les & Leslie Parrott**

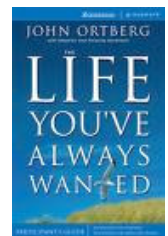
Les and Leslie Parrott show how to make bad relationships better and good relationships great. You'll begin cultivating the skills you need to handle tough times and succeed at forging strong rewarding relationships with everyone in your life. Includes strategies for understanding: •who we are and what we bring to our relationships •how our families of origin shape the way we relate to others •how

to bridge the gender gap and learn the language of the opposite sex •building friendships that last •secrets to finding the love we long for and handling sexual issues •what to do when friends fail •how to relate to God without feeling phony  
<http://www.realrelationships1.com/store/130.html>

## **Spiritual Disciplines**

### **The Life You've Always Wanted, John Ortberg**

The heart of Christianity is transformation---a relationship with God that impacts not just our "spiritual lives," but every aspect of living. This study calls you back to the dynamic heartbeat of Christianity---God's power to bring change and growth---and reveals both the how and why of



transformation. Learn how spiritual disciplines build strength and endurance for your journey towards becoming more like Christ.

<http://www.christianbook.com/Christian/Books/product?itemno=46952>

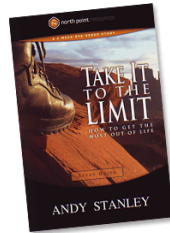
(1 DVD, 2 VHS tapes, 3 Leader's Guides and 3 Participants Guides in the library)

## Stress

### Take It to the Limit,

A six-part message series for those whose schedules are too full and whose checking accounts are too empty! We do as much as we can, spend as much as we can and acquire as much as we can. Life on the edge means life with no margin. When you reach the limit of your resources, strength, capacity or self-control, you have no margin. And without margin, you have no room for error. The consequences of margin-less living are most apparent in our relationships. Love, intimacy, and friendship happen in the unstructured, unhurried world of margin. Together, we will explore God's answer to our self-destructive propensity to live as if we have no limits.

<http://resources.northpoint.org/store/shop.do?cID=44&pID=620>



## Worship

### You've Got Style, Andy Stanley and Sean Seay

Fashion - home decor - accents and attitudes - different ways of expressing ourselves. We



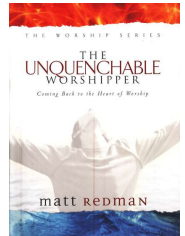
call it style and we all have one. Even the way we draw near to God has a style. Quiet - loud - outside - within - in word or deed. Our expressions of worship can be as varied as we are, but which way is the right way? This five-part small group study explores the various styles of drawing near to God.

<http://resources.northpoint.org/store/shop.do?pID=652>

### The Unquenchable Worshipper: Matt Redmond

In his first book release, respected worship leader and songwriter Matt Redman writes: "The revelation of God is the fuel for the fire of our worship. And there is always more fuel for the fire. When we open the eyes of our heart, God's revelation comes flying at us from so many different angles." Open the eyes of your heart and let the gut-level message of *The Unquenchable Worshipper* cause you, like martyred missionary Jim Elliot, to say, "Saturate me with the oil of Thy Spirit, that I may be aflame. Make me Thy fuel O flame of God."

<http://www.christianbook.com/Christian/Books/product?itemno=72913&event=1010SBF|24493|1010#curr>



## Spiritual Warfare

### Twisted, Andy Stanley

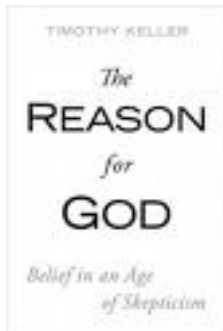
In this five-part series Andy Stanley reveals common ways the truth gets twisted. Each one has the potential to destroy your relationships, cloud your



decisions, and distort your perspective of God. Discover how the truth has been twisted, and how it impacts our lives and culture.

<http://resources.northpoint.org/store/shop.do?plD=1168>  
(DVD in the library)

## Intellectual



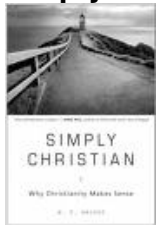
### The Reason for God, Tim Keller

Why is there suffering in the world? How could a loving God send people to Hell? Why isn't Christianity more inclusive? Shouldn't the Christian God be a god of love? How can one religion be "right" and the rest "wrong"? Why have so many wars been fought in the name of God? These are just a few of the questions even ardent believers wrestle with today. In this book,

Tim Keller uses literature, philosophy, real-life conversations and reasoning, and even pop culture to explain how faith in a Christian God is a soundly rational belief, held by thoughtful people of intellectual integrity with a deep compassion for those who truly want to know the truth.

<http://www.amazon.com/Reason-God-Belief-Age-Skepticism/dp/0525950494>

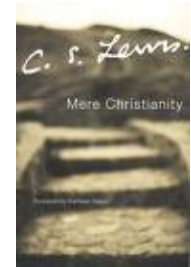
### Simply Christian, NT Wright



Why do people long for justice? Why do we thirst for spirituality? Why do we long for relationships? Why does beauty not satisfy us fully? It is because we are humans that are made for and by God. We are children that groan for our Father.

These are a few of the questions Bishop NT Wright begins to address, helping us discover Israel, Christ and God Himself.

<http://www.amazon.com/Simply-Christian-Christianity-Makes-Sense/dp/0060507152>  
(Three books available for checkout in the library)



### Mere Christianity, CS Lewis

The late Lewis, Oxford professor, scholar, author, and Christian apologist, presents the listener with a case for orthodox Christianity. He covers topics such as original sin, the transcendent Creator God, and the divinity of Jesus as well as his atonement and bodily resurrection. <http://www.amazon.com/Mere-Christianity-C-S-Lewis/dp/0060652926>

## Exploring Christianity



### Blue Like Jazz, Donald Miller

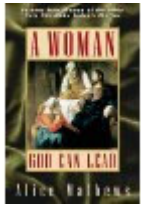
This semi-autobiographical work, subtitled "Non-Religious Thoughts on Christian Spirituality," is a collection of essays and personal reflections chronicling the author's growing understanding of the nature of God and Jesus, and the need and responsibility for an authentic personal response to that understanding. Donald Miller's fresh and original voice may change the way Christians view the "status quo" faith and

build a bridge to seekers who believe that organized religion doesn't meet their spiritual needs.

<http://www.amazon.com/Balancing-Act-Women-Their-Callings/dp/0830819576>

[http://www.amazon.com/Blue-Like-Jazz-Nonreligious-Spirituality/dp/0785263705/ref=pbbs\\_sr\\_1?ie=UTF8&s=books&qid=1215541160&sr=8-1](http://www.amazon.com/Blue-Like-Jazz-Nonreligious-Spirituality/dp/0785263705/ref=pbbs_sr_1?ie=UTF8&s=books&qid=1215541160&sr=8-1)

## For Women Only



**A Woman God Can Lead**, Alice Mathews  
Sarah, Deborah, Esther, Mary---the women of the Bible lived out their faith in both ordinary and extraordinary ways! In this collection of personal stories, historical backgrounds, and thoughtful study questions, you'll learn to

identify with the lives of these unforgettable women, claiming their lessons---and their unshakable faith---for your own spiritual journey! (Includes study questions)

<http://www.christianbook.com/Christian/Books/product?itemno=30382>

### **Balancing Act: How Women Can Lose their Roles and Find their Callings**, Mary Ellen Ashcroft

North American women, in particular, face the problem of distinguishing between culturally rigid social roles and open callings that will better equip them to flourish personally and serve others more fully.